

HEALTH SUPERVISION VISITS

EIGHTEEN MONTH VISIT

TODDLER BEHAVIOR

- Anticipate anxiety/clinging in new situation
- Praise good behavior/accomplishments
- Be consistent with discipline/enforcing limits, share with other caregivers
- Enjoy daily playtime
- Read books about using the potty, praise attempts to sit on the potty
- Wait until child is ready (dry for periods of about 2 hours), knows wet and dry, can pull pants up/down, can indicate bowel movement

LANGUAGE

- Encourage language development by reading and singing; talk about what you see
- Use simple words to describe pictures in book
- Use words that describe feelings and emotions to help child learn about feelings

SAFETY

- It is best to use a rear-facing car safety seat until highest weight or height allowed by manufacturer, make necessary changes when switching a convertible seat to forward facing; never place rear-facing car safety seat in front seat of vehicle with passenger air bag; back seat is safest
- Make sure everyone uses a safety belt
- Use stair gates, install operable window guards on second-and higher-story windows
- Prevent burns (hot liquids/stove/matches/lighters), Install smoke detectors
- Remove guns from home; if gun necessary, store unloaded and locked, with ammunition locked separately

DEVELOPMENT

- Laughs in response to others, explores alone but with parent nearby
- Speaks 4-12 words, Points to 1 body part
- Follows simple instructions
- Walks up steps/runs
- Uses spoon, cup without spilling

