



# FORT BEND BAPTIST ACADEMY

2009-2010 SCHOOL YEAR

## ATHLETIC LIABILITY RELEASE AND MEDICAL CONSENT FORM



NAME OF ATHLETE \_\_\_\_\_

### ATHLETIC LIABILITY RELEASE

I/We the parent(s)/guardian(s) of \_\_\_\_\_ do attest that our child is in good physical health.

I/We understand that participation in sports can result in injury. I/we hereby give my/our consent to allow my/our child to participate in FBBA athletic programs not specifically excluded by the parent or physician on the "medical history forms" included in this packet during the 2009-2010 season, and including off season training.

I/We assume all of the risks, hazards, and financial obligations incidental to the activity of the sport.

I/We hereby release, absolve, indemnify, and hold harmless Fort Bend Baptist Academy and the coaches, teachers, administrators, board members, volunteers, and participants and any other person or entity duly acting on behalf of Fort Bend Baptist Academy from any claims arising out of any injuries, of any nature, to my/our child while participating in FBBA activities.

### MEDICAL CONSENT FORM

Permission is hereby granted to the attending physician to proceed with any medical or minor surgical treatment, X-ray examinations and immunizations for the above named student if I, as a parent/guardian, am not present. In the event of serious illness, the need for major surgery, or significant accidental injury, I understand that an attempt will be made by the attending physician to contact me in the most expeditious way possible. If said physician is not able to communicate with me, the treatment necessary in the best interest of the above named student may be given.

In the event that an emergency arises during a practice session, every effort will be made to contact the parents/guardians as soon as possible. Permission is also granted to Fort Bend Baptist Academy to provide the needed emergency treatment to the athlete prior to his admission to the medical facilities.

*Note: This liability release is valid for one calendar year from date signed below.*

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Phone Numbers where Parents/Guardians can be reached:

Office \_\_\_\_\_

Home \_\_\_\_\_

Cell \_\_\_\_\_

Other \_\_\_\_\_

Name of Family Physician \_\_\_\_\_ Phone Number \_\_\_\_\_

Insurance Company \_\_\_\_\_ Group/Policy Number \_\_\_\_\_

**Middle School Physical Evaluation  
2009-2010 School Year**



**Parent / Guardian: Please Complete Parts I and II**

**Part I:**

*Please Print*

Name \_\_\_\_\_ Sex: M F Age \_\_\_\_\_ Date Of Birth \_\_\_\_\_  
Last First (Circle)

Parents Name \_\_\_\_\_ Home Telephone \_\_\_\_\_

Address \_\_\_\_\_

Street City Zip Code  
 School \_\_\_\_\_ Grade \_\_\_\_\_ Sport(s) \_\_\_\_\_

In Case of Emergency Contact: Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone/Pager/Cell \_\_\_\_\_

**Part II:**

- |   |                          |                          |   |                                |                                   |
|---|--------------------------|--------------------------|---|--------------------------------|-----------------------------------|
|   | <i>Yes</i>               | <i>No</i>                |   | <i>Yes</i>                     | <i>No</i>                         |
| 1. Have you ever been hospitalized?                                   | <input type="checkbox"/> | <input type="checkbox"/> | 21. Do you wear glasses or contacts?  | <input type="checkbox"/>       | <input type="checkbox"/>          |
| 2. Have you ever had surgery?   | <input type="checkbox"/> | <input type="checkbox"/> | 22. Do you use any special protective equipment?                                  | <input type="checkbox"/>       | <input type="checkbox"/>          |
| 3. Are presently taking any medication                                | <input type="checkbox"/> | <input type="checkbox"/> | 23. Have you ever had a sprain, strain, or swelling after injury?                 | <input type="checkbox"/>       | <input type="checkbox"/>          |
| 4. Supplements or nonprescription drugs?                              | <input type="checkbox"/> | <input type="checkbox"/> | 24. Have you had any injuries since your last Physical?                           | <input type="checkbox"/>       | <input type="checkbox"/>          |
| 5. Do you have any allergies such as medicine, pollen, or bee stings? | <input type="checkbox"/> | <input type="checkbox"/> | 25. Have you broken any bones or dislocated any joints?                           | <input type="checkbox"/>       | <input type="checkbox"/>          |
| 6. Have you ever passed out during or after exercise?                 | <input type="checkbox"/> | <input type="checkbox"/> | If <b>YES</b> check the appropriate box below:                                    |                                |                                   |
| 7. Have you ever been dizzy during or after exercise?                 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> Neck   | <input type="checkbox"/> Head  | <input type="checkbox"/> Shoulder |
| 8. Have you ever had chest pain during or after exercise?             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> Back   | <input type="checkbox"/> Chest | <input type="checkbox"/> Elbow    |
| 9. Have you ever had high blood pressure?                             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> Arm  | <input type="checkbox"/> Wrist | <input type="checkbox"/> Hand     |
| 10. Have you ever been told you have a heart murmur?                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> Hip  | <input type="checkbox"/> Thigh | <input type="checkbox"/> Knee     |
| 11. Has any relative died suddenly before the age of 50?              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> Shin / Calf  | <input type="checkbox"/> Ankle | <input type="checkbox"/> Foot     |
| 12. Do you have any current skin problems?                            | <input type="checkbox"/> | <input type="checkbox"/> | 26. Have you been ill the last month?   | <input type="checkbox"/>       | <input type="checkbox"/>          |
| 13. Have you ever had a head injury?                                  | <input type="checkbox"/> | <input type="checkbox"/> | 27. Have you had any other medical problems or recurring illness? Please explain: | <input type="checkbox"/>       | <input type="checkbox"/>          |
| 14. Have you ever been knocked out or unconscious?                    | <input type="checkbox"/> | <input type="checkbox"/> | _____   |                                |                                   |
| 15. Have you ever had a seizure?                                      | <input type="checkbox"/> | <input type="checkbox"/> | _____   |                                |                                   |
| 16. Have you ever had a stinger, burner, or pinched nerve?            | <input type="checkbox"/> | <input type="checkbox"/> | Other: _____  |                                |                                   |
| 17. Have you ever become ill from exercising in the heat?             | <input type="checkbox"/> | <input type="checkbox"/> |   |                                |                                   |
| 18. Do you cough, wheeze, or have trouble breathing?                  | <input type="checkbox"/> | <input type="checkbox"/> |   |                                |                                   |
| 19. Do you have asthma?   | <input type="checkbox"/> | <input type="checkbox"/> |   |                                |                                   |
| 20. Have you had problems with your eyes or vision?                   | <input type="checkbox"/> | <input type="checkbox"/> |   |                                |                                   |

**Part III: To be completed by qualified medical personal only.**

Height \_\_\_\_\_ Weight \_\_\_\_\_ BP \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_ Pulse \_\_\_\_\_ Vision: R 20/\_\_\_\_\_/\_\_\_\_\_ L 20/\_\_\_\_\_/\_\_\_\_\_

|                          | <i>Normal</i>            | <i>Abnormal</i>          |           | <i>Normal</i>            | <i>Abnormal</i>          |   |
|--------------------------|--------------------------|--------------------------|-----------|--------------------------|--------------------------|---|
| Skin                     | <input type="checkbox"/> | <input type="checkbox"/> | Neck      | <input type="checkbox"/> | <input type="checkbox"/> | Explanation of findings:<br>_____<br>_____<br>_____ |
| Eyes, ears, nose, throat | <input type="checkbox"/> | <input type="checkbox"/> | Back      | <input type="checkbox"/> | <input type="checkbox"/> |   |
| Heart and pulses         | <input type="checkbox"/> | <input type="checkbox"/> | Shoulders | <input type="checkbox"/> | <input type="checkbox"/> |   |
| Lungs                    | <input type="checkbox"/> | <input type="checkbox"/> | Elbows    | <input type="checkbox"/> | <input type="checkbox"/> |   |
| Abdomen                  | <input type="checkbox"/> | <input type="checkbox"/> | Hips      | <input type="checkbox"/> | <input type="checkbox"/> |   |
| Genitalia (Men only)     | <input type="checkbox"/> | <input type="checkbox"/> | Knees     | <input type="checkbox"/> | <input type="checkbox"/> |   |
| Hernia                   | <input type="checkbox"/> | <input type="checkbox"/> | Ankles    | <input type="checkbox"/> | <input type="checkbox"/> |   |

This form must be signed by either a Physician, Physician Assistant, (licensed by the State Board of Physician Assistant Examiners), or a Registered Nurse (Recognized as an **Advanced Practice Nurse** by the Board of Nurse Examiners).

I certify the above student athlete as being physically able to participate in supervised athletic activity as checked below:

- Cleared for all sports activities.  
 Cleared after completing evaluation / rehabilitation for: \_\_\_\_\_  
 Not cleared for (list exceptions): \_\_\_\_\_ Reason \_\_\_\_\_

Recommendation: \_\_\_\_\_

Name of Physician (print) \_\_\_\_\_ Office Phone: \_\_\_\_\_

Signature of Physician: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent / Guardian: \_\_\_\_\_

Office stamp or attach receipt here:

**NOTE:** This physical is valid for one calendar year from date indicated.